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Expatriates could be classified in different types. This could refer to visiting professors, independent contractors for the US army as well as students studying abroad. The common thread with these individuals is that they are going to be in the foreign destination long enough that they are expatriates, but they will also be there long enough to deal with any challenges that their new environment provides.

If you are working in another country whether you are a contractor or a visiting professor you will have a work permit. This would mean that you would be under a national healthcare plan, however that isn't for sure. Being under a national healthcare plan is a great thing because you could save the money you would spend for hospital visit or treatments but when you arrive in your destination, you may want to have a travelers health insurance policy. This will be in order for you to be sure that you will have coverage. Even if you do not have a permit, you can definitely apply for the national plan when you become a legal resident.

With a national healthcare plan, you need to make a contribution on a monthly or yearly basis so it is something that is paid for, but it will just cost a lot less than the traditional insurance policies we know of here in the United States. The other challenge when dealing with the national healthcare plan in whatever country you will be living in is the long waits and the level of care may not be what you are accustomed to. You may want to consider [travel health insurance](#). This includes [senior citizen travel insurance](#) and the [cheapest annual travel insurance](#).

Some independent contractors for the US army have been provided with extended healthcare by the company they are working with so they may still be able to have that coverage but it is based on what type of job you are doing for them.

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