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# Go For Menorca Hotels For Beach Breaks

Come summer, most holidaymaker's fancy turns to beaches. White sand, blue ocean and revelling with your fellow beach combers; what is more relaxing after all? Only taking that siesta afterwards. The surest thing to chase away the office blahs is with a summer beach break. This summer, the two most glamorous beach break destinations are the isle of Menorca (or Minorca) off the coast of Spain in the Mediterranean and the Greek island of Crete, farther south in the Mediterranean. You'll find wonderful Crete and [Menorca hotels](#) as well with refreshing showers where you can wash off the sand afterwards.

### Menorca Beaches

Menorca has more than 50 beaches with something for everyone from the most adventuresome hiker to the most languorous sun worshipper. It doesn't matter how long you intend to stay for, whether it be a day or a week - [Menorca hotels](#) are priced to fit every budget, are clean and comfortable and the accommodations are never a problem.

- Cala Galdana: A picture-postcard-beautiful bay, a bar of golden sand curving it's length, Cala Galdana is a popular hotspot and has a resort with [Menorca hotels](#), cafes, restaurants and a lively nightlife adjacent to it. Popular water sports are jet skiing, windsurfing and snorkelling.
- Son Bou - San Jaime: In reality, Son Bou, just south of Alaior, is three separate beaches connected by a quaint wooden boardwalk. The beach faces west which makes for perfect sunset gazing. Water sports are popular. Caution: the surf has strong currents, so only swim when there's a lifeguard present.

### Crete Beaches

Naturist sanctuaries on a number of Crete beaches, although not officially allowed in Greece, are something you should consider and plan accordingly. While Crete's beaches – as dramatic and varied as the island's own landscapes -- are not developed, you will still find Crete hotels and other facilities as good as anything you'll find in mainland Greece.

- Preveli: Preveli is the most photographed beach in all of Crete, a sandy cove in a dramatic setting at the foot of a steep river gorge. You will have to climb the ancient stone steps past the now-abandoned monastery of Saint John the Theologian to reach the beach, but the trek is worth it for the view alone.
- Erimoupoli: Overlooking the Carpathian Sea is a white sand beach called Erimoupoli, also close to the Itanos archaeological site. It is completely undeveloped and can get quite windy at times. Nevertheless it is one of the most fascinating of all Crete's beaches because as the tide goes out, you can catch glimpses of an ancient sunken city, just beyond the water line.

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